

Your cholesterol going up? Sure, you and the president. President Obama's latest physical shows his LDL cholesterol--the bad stuff--has gone up by fifty percent in the last two years. Weird for a skinny guy. Or is it?

Linda Larson's a wellness specialist at Gundersen Lutheran in La Crosse. She says it's not correct to assume that just overweight people have elevated cholesterol. She says that's a condition that can afflict even people of seemingly normal weight like the president. Bad diet, genetics and a lack of exercise can play a part in levels of cholesterol. Another big one--and one that's a problem for president Obama, apparently; smoking. Larson guesses the president's smoking probably contributes to his increasing cholesterol.