

Are you good at saying 'no' to junk-mail offers?

La Crosse ranks high on a list of U-S cities where people take steps to keep catalogs and other unwanted mail from stuffing up their mailboxes. A company called 'Catalog Choice' helps consumers stop junk-mail delivery, similar to how a no-call list is supposed to halt phone calls from telemarketers. The company put La Crosse on its first-ever monthly list of cities that are 'mail-efficient'...including San Francisco and Seattle.