



The Minnesota Department of Health said there were 201 flu related deaths

during the 2012-13 influenza season. Carol Burgmeyer with Mayo Clinic Health Systems in La Crescent says all employees are well of aware of how bad the flu was last year.

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There are now two kinds of vaccines that are not grown in eggs, so people who have a severe egg allergy now have an option. Complications from the flu that can cause serious health concerns include pneumonia, bronchitis, sinus infections and other conditions.