



The number of H1N1 cases reported in Wisconsin doubled in the past two weeks

according to data from the state health department. The flu is usually most dangerous to the oldest and youngest members of the population, but H1N1 is different. Not something to mess around with says Kelly Dickson with Mayo in La Crosse.

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The virus seems to target healthy people between the age of 20 and 50 but washing your hands regularly and getting a flu shot both can reduce your risk of getting sick.