



Gunderson Health System has joined forces with McDonalds in the offering of

healthier food options for kids.

[\(Click for Audio\)](#)

Kristina Schoh with McDonalds says the Go-Gurt yogurt has just 50 calories.....a half gram of fat and 25 percent less sugar than the leading yogurt brands. It's all a part of Gunderson's 500 club program.