

Alcohol and caffeine is a hazardous combination, that's becoming easier for young people to get...

Washington State is banning the sale of the 'energy drinks' that are popular on college campuses. Gundersen Lutheran dietitian Marisa Pruitt in La Crosse says putting caffeine and alcohol together can lead easily to binge drinking, because caffeine suppresses the feeling of getting drunk, and alcohol suppresses the effects of caffeine. Pruitt says she hasn't seen many cases of Gundersen patients becoming ill on energy drinks. But, she has seen studies showing 31 per cent of U.S.teens consume those energy drinks.