

First case of flu confirmed in Wisconsin. State health bosses today say an adult in Northeastern Wisconsin is the first case of influenza for the season. Perfect time, says state health officer Dr. Henry Anderson, to get you flu shot. Anderson says the flu shot remains the most effective way to avoid getting the flu. The state health department says this first case indicates an early start to flu season for Wisconsin that generally runs from November to March, with peak activity around late-January or February.