

## Great American Smoke Out

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On Wednesday and Thursday, Gundersen Lutheran will participate in the 35th Annual Great American Smoke Out. Gundersen Lutheran staff will be on hand offering education for those who would like to quit smoking or those who would like to help someone they know to quit.

Today they will be in the Education Center on the lower level of the Gundersen Lutheran – Onalaska Clinic, and on Thursday in the cafeteria of the Gundersen Lutheran La Crosse Campus.

Tables will be set up providing useful information on quitting smoking and resources on where to receive help. There will also be free carbon monoxide screenings available.