

18 years ago.....State Representative Jennifer Shilling's parents were found slain in a walk-in freezer and cooler at a suburban Chicago fast food restaurant. The date.....January 8th.

Saturday, Arizona Congresswoman Gabrielle Giffords was critically wounded in a shooting rampage at a forum for constituents. Six people died and several others were wounded. The date.....January 8th.

Shilling says it was all too familiar and she felt the pain of everyone involved in what she describes as two acts of senseless violence. Shilling said that Saturday she knew immediately what the families were going through when it came to disbelief....anguish and sadness.

As for changing the way she sets public appearances.....Shilling says no changes...but a better sense of awareness of her surroundings now.